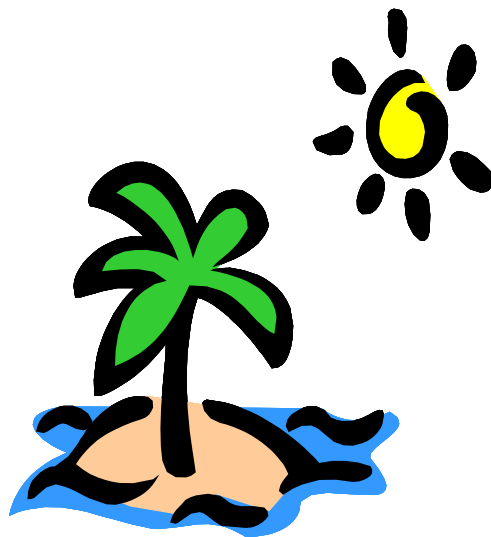


ISLAND CUISINE Restaurant



MENU

OPENING HOURS

MONDAY-SATURDAY: 6AM-10PM

SUNDAY: 7AM-3PM reopen 6PM-9PM

TEL: 238-EATS (3287)

www.islandcuisine.org

BREAKFAST MENU

* SERVED ALL DAY *

SAMPLER \$20.50

Two eggs, Two plain pancakes, Bacon, Sausages and Home fries
(no substitutions)

EGG BREAKFAST SPECIALS

SERVED WITH HOME FRIES
AND TOAST

Two eggs any style	14.00
With bacon, ham or sausage	
With turkey, baked ham or Portuguese Sausage Sausage	15.50
Three eggs any style	15.00
With bacon, ham or sausage	
With turkey, baked ham or Portuguese Sausage Sausage	16.50

EGG OMELETS

SERVED WITH HOME FRIES
AND TOAST

Plain Omelet	13.25
Create your own Omelet	0.75
Cheese, green pepper, onions, tomato onion, tomato, or green pepper	Ea
Western Omelet	14.75
Ham, green pepper, tomato, & onion	

TOAST & MUFFINS

Toasted Coffee Roll/Eng. Muffin	3.50
Order of Toast (2 slices)	3.00
Muffin	3.50
Scone	3.50
With, jelly, peanut butter or cheese	+.75

BREAKFAST SPECIALS

SERVED WITH HOME FRIES AND
TOAST

Hash Cakes & Eggs	17.00
Steak & Eggs	22.75
Ham Steak & Eggs	17.25
Corned Beef & Eggs	16.25
Fish Cakes & Eggs	17.25

PANCAKES AND FRENCH TOAST

3 Golden Pancakes	12.75
2 Golden Pancakes	10.00
1 Golden Pancake	5.25
2 Banana Pancakes	12.25
1 Banana Pancake	7.25
2 Slices of French Toast	8.00

Blueberry or C. Chip pancakes available

SIDE ORDERS

One egg	2.75
Bacon, ham or sausage	5.25
Turkey or Baked ham or Portuguese Sausage	5.95
Turkey Bacon	5.50
Baked Beans	4.25
Small hot cereal	4.00
Large hot cereal	5.00
Banana	2.50
2 egg Omelet (.75 ea top)	5.00
Home Fries	5.50

GRATUITIES NOT INCLUDED (15% ADDED FOR 4 OR MORE)

LUNCH MENU

SANDWICHES

Bacon	6.25
Baked Ham	7.25
BLT	6.75
Cheese	4.25
Omelet Sandwich	6.25
Chicken Salad	8.00
Coleslaw	4.50
Corned Beef	6.75
Egg (chopped, scrambled or fried)	6.00
Fried Egg & Bacon or Sausage	7.50
Fish Cakes	6.75
Fish Sandwich	10.75
Grilled Cheese	5.25
Ham	6.25
Hash Cake	6.75
Lettuce & Tomato	4.25
Liver	8.75
Meat Loaf	7.25
Peanut Butter & Jelly	4.25
Peanut Butter & Bacon	6.75
Portuguese Sausage	7.50
Tuna	7.25
Tuna & Chopped Egg	8.25
Turkey (Roasted)	7.50
Turkey & Fried Egg	10.00
Western Omelet	7.75

WRAPS

Turkey, Roast Beef, Steak-um or Ham—Comes with 2 toppings	13.00
Additional toppings	1.50
Chicken Caesar salad	13.00
Add Fries & Coleslaw	6.25

HOT OPEN SANDWICHES

Served with Fries, gravy & Coleslaw
No Substitutions

Meatloaf	16.50
Roast Beef	16.50
Roasted Turkey	16.50
Baked Ham	16.50

CLUB SANDWICHES

Chopped Egg with B.L.T	12.00
Tuna with B.L.T	12.00
Turkey with B.L.T	12.00
Roast Beef with B.L.T	12.00
Ham & Cheese with B.L.T	12.00
Add Fries & Coleslaw	6.25

EXTRAS ON SANDWICHES

Coffee Roll	.75
English Muffin	.75
Scone	.75
Egg	2.50
Works	2.00
Onion or Tomato or Lettuce	.75
Fried Onions	1.50
Bacon, Ham or Sausage	2.00
Coleslaw or Mushroom	1.25
Banana	2.50
Baked Ham/ or Turkey	3.75
Cheese (American, Swiss, Prov, Mozzarella)	.75/1.00
Avocado	3.00

GRATUITIES NOT INCLUDED (15% ADDED FOR 4 OR MORE)

CREATE YOUR OWN PASTA \$17.00

- Step 1... **CHOOSE YOUR PASTA !! (Penne or Linguine)**
Step 2... **CHOOSE YOUR SAUCE !! (White, Red or Pink)**
Step 3... **CHOOSE YOUR TOPPINGS !! (Add \$1.00 per topping...
broccoli, onions, green peppers, mushrooms**
- | | |
|------------|--------|
| Chicken... | \$4.50 |
| Bacon... | \$4.50 |
| Shrimp... | \$7.75 |

PANINI'S

Served with your choice of French Fries OR Tossed Salad.

Ham and Cheese (American, Swiss, Provolone or Mozzarella)	\$15.50
Chicken, Bell Peppers and Pesto	\$17.50
Tuna Melt (American, Swiss, Provolone or Mozzarella)	\$16.00
Mozzarella Tomato and Pesto **Vegetarian Friendly!!	\$16.50

OUR FAMOUS ROTI'S

Served with a tossed salad. Mango Chutney is available \$2.00

Chicken (available every day)	\$21.50
Chicken roti ONLY	\$16.00
Lamb (when available)	\$24.50
Vegetarian (Tuesdays)	\$20.50

VEGETARIAN MENU

All Items are **HOMEMADE !!**

Monday: Vegetarian Shepard's Pie **\$20.75**

*Veggie meat base with mixed vegetables, mashed potatoes and cheese. Served with a tossed salad.

Tuesday: Vegetarian Roti **\$20.75**

*A curried vegetable medley in a Roti Skin, grilled to perfection. Served with a tossed salad.

Wednesday: Vegetarian Lasagna **\$20.75**

*Vegetables in a light cream sauce with mozzarella cheese. Served with a tossed salad.

Thursday: Vegetarian Fried Rice **\$12.75**

*Vegetables and rice stir fried.

*Add egg = \$2.50

Friday: Spaghetti with Veggie Meat Balls **\$18.75**

*Your choice of Cream, Pink or Red sauce

Saturday: Rasta Pasta **\$18.75**

*Red, Yellow and Green peppers, with your choice of sauce.(Cream,Pink or Red)

Sunday: Ask about our Sunday Special

ALWAYS AVAILABLE

Daily Vegetarian Soups	\$6.50
Vegetarian Panini (fries or salad)	\$16.50
Create your own Pasta (see menu)	\$17.00
Veggie Cakes (on a toasted bun with tarter sauce YUM!)	\$7.50
Chick Pea Burgers (on a toasted bun, a staff favourite!)	\$7.50
Veggie Wrap (homemade veggie meat with 2 toppings)	\$13.00

DINNER MENU

ASK ABOUT OUR DAILY SPECIALS

FROM THE GRILL

Hamburgers are homemade

Jumbo Hot Dog	6.50
Hamburger	6.75
Cheeseburger	7.25
Bacon Burger	8.25
Bacon Cheese Burger	9.00
Quarter Pound Burger	9.50
Steak Um (Double Meat)	6.75 8.25
Philly Chicken (ch,on,pep)	9.50
Homemade Veggie Cake	7.50
Chicken Burger	7.00
Chicken Tenders	10.50
Homemade Turkey Burger	7.25

SALADS

Jumbo Combination Salad (With egg, tuna salad, potato salad, coleslaw, No Substitutions) Extra scoop of potato salad	17.25 2.95
Tossed Salad	8.50
Chef Salad	17.00
Chicken Salad	14.00
Turkey Salad	14.00
Tuna Salad	14.00
Chopped Egg Salad	12.75
Caesar Salad	10.75
Chicken Caesar Salad	14.00
Fish Salad	15.00
Crispy Chicken Salad	14.75

SEAFOOD

Shrimp (deep-fried)	22.95
Sea Scallops (deep-fried)	23.95
Fish & Chips w veg or Dinner	22.75
Pan fried Wahoo	27.50
Pan fried Rock Fish	37.50
Seafood Combo	27.25
Jumbo Grilled Shrimp	37.75
Fish Cake Dinner	20.75
Surf & Turf (shrimp & Steak)	38.00
Order of Fish	14.00
Order of Shrimp	16.00

POULTRY

Baked Chicken Leg	18.75
Sweet & Sour Chicken	20.75
Roasted Turkey	21.25
Jamaican Jerk Chicken	19.75
Curry Chicken (Fri & Sat)	21.75

PASTA

CREATE YOUR OWN PASTA!!

Daily pasta specials also available.

BEEF&PORK

8 oz Sirloin Steak & Onions	29.50
Liver & Onions	20.25
Roast Beef	21.00
Meatloaf	20.75
Hash Cake	19.75
Hoisin BBQ Pork Ribs (Th. & Fri)	22.50

Seafood, Poultry and Beef Dinners served with a starch and vegetable of your choice.

GRATUITIES NOT INCLUDED(15% ADDED FOR 4 OR MORE)

KID'S MEAL

Under 10 Years old

Served with Fries, & Soda (Soda dine in only) No substitutions

Hamburger, Cheeseburger, Chicken Nuggets, or Fried Fish 8.75

SIDE ORDERS

SOUPS

Homemade Soup of the Day	
Large	6.25
Small	5.25
Fish Chowder	
Large	6.75
Small	5.75

HOT BEVERAGES

Tea or Coffee	3.00
Herbal Tea	3.50
Sanka /Roma	3.50
Hot Chocolate/Ovaltine	3.50

COLD BEVERAGES

Soda	2.00
Sobe Energy Drinks & Teas	3.75
Apple/Orange Juice	
Small	2.50
Large	3.50
Premium Orange Juice	
Large	3.95
Bottled Water	2.25
Milk Shakes	7.75
Small Milk	2.75
Large Milk	4.25
Chocolate Milk add	.75

WINE AND BEER

Dine in only

Wine 10.00 Beer 8.50

French Fries	4.25
Spicy Fries	5.25
Onion Rings	5.50
Garlic Bread	4.25
Coleslaw	5.75
Rice & Peas	6.00
Spanish Rice	6.00
Macaroni & Cheese	6.00
Order of Veggies	6.00
Potato Salad	6.00
Baked Chicken Leg	6.00
Grilled Banana	3.25
8 Chicken Nuggets	7.75

DESSERTS

Homemade Fresh Daily Johnny Bread	3.50
Pumpkin Pie, Apple Pie, Coconut cream Pie, Chocolate cream Pie, Lemon Meringue Pie, B & B Pudding	5.75
Ice Cream one scoop	3.00
two scoops	5.00
Whipped cream or Chocolate syrup	.75

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**PRICES ARE SUBJECT TO CHANGE*