

ISLAND CUISINE Restaurant



MENU

OPENING HOURS

MONDAY-SUNDAY: 7AM-9PM

Last dine-in order 8:30pm

Last take-out order 8:45pm

TEL: 238-EATS (3287)

www.islandcuisine.org

BREAKFAST MENU

* SERVED ALL DAY *

SAMPLER \$24.00

TWO EGGS, TWO PLAIN PANCAKES, BACON, SAUSAGES AND HOME FRIES
(NO SUBSTITUTIONS)

EGG BREAKFAST SPECIALS

SERVED WITH HOME FRIES
AND TOAST

Two Eggs Any Style	16.50
With Bacon, Ham or Sausage	
Or with Turkey, Baked Ham or Portuguese Sausage, Pork or Beef Sausage	18.00
Three Eggs Any Style	18.50
With Bacon, Ham or Sausage	
Or with Turkey, Baked Ham or Portuguese Sausage, Pork or Beef Sausage	20.00

EGG OMLETTES

Plain Omelette	14.75
Create Your Own Omelette	1.00
Cheese, Green Pepper, Onions, Tomato Spinach	ea
Western Omelette	16.50
Ham, Green Pepper, Tomato, Onion	

TOAST & MUFFINS

Toasted Coffee Roll or English Muffin	3.75
Order of Toast (2 Slices)	3.50
Muffin	3.75
Scone	3.75
With Peanut Butter or Cheese	1.00
	ea

BREAKFAST SPECIALS

SERVED WITH HOME FRIES
AND TOAST

Hash Cakes & Eggs	20.50
Steak & Eggs	26.75
Ham Steak & Eggs	20.00
Corned Beef & Eggs	19.25
Fish Cakes & Eggs	21.50

PANCAKES AND FRENCH TOAST

3 Golden Pancakes	14.75
2 Golden Pancakes	12.00
1 Golden Pancake	7.25
2 Banana Pancakes	14.25
1 Banana Pancake	9.25
2 Slices French Toast	9.25

Blueberry or C. Chip pancakes available

SIDE ORDERS

One Egg	2.75
Bacon, Ham or sausage	5.75
Turkey or Baked Ham or Portuguese Sausage	6.75
Turkey Bacon	6.00
Baked Beans	5.00
Small Hot Cereal	4.50
Large Hot Cereal	5.50
Banana	2.75
2 Egg Omelette (1.00 EA TOP)	5.50
Home Fries	6.00

GRATUITIES NOT INCLUDED (15% ADDED FOR 4 OR MORE)

LUNCH MENU

SANDWICHES

Bacon	7.00
Baked Ham	7.75
BLT	8.00
Cheese	4.50
Omelette Sandwich	6.75
Chicken Salad	8.50
Coleslaw	4.75
Corned Beef	7.50
Egg	6.75
(chopped, Scrambled or Fried)	
Fried Egg & Bacon or Sausage	8.00
Fish Cakes	8.00
Fish Sandwich	12.50
Grilled Chesse	5.50
Ham	6.75
Hash Cake	8.00
Lettuce & Tomato	4.75
Liver	10.00
Meat Loaf	9.00
Peanut Butter & Jelly	4.75
Peanut Butter & Bacon	7.50
Portuguese Sausage	8.00
Tuna	8.50
Tuna & Chopped Egg	9.25
Turkey Bacon	7.75
Turkey (Roasted)	8.50
Turkey & Fried Egg	10.75
Western Omelette	8.25

WRAPS

Turkey, Roast Beef, Steak-Um or Ham (comes with 2 toppings)	14.50
Additional Toppings	1.50
Chicken Caesar Salad	14.00
Add Fries & Coleslaw	7.00

HOT OPEN SANDWICHES

SERVED WITH FRIES,
GRAVY & COLESLAW

NO SUBSTITUTIONS

Meatloaf	18.00
Roast Beef	18.25
Roasted Turkey	18.25
Baked Ham	18.25

CLUB SANDWICHES

Chopped Egg with BLT	13.50
Tuna with BLT	13.50
Turkey with BLT	13.50
Roast Beef with BLT	13.50
Ham & Cheese with BLT	13.50
Add Fries & Coleslaw	7.00

EXTRAS ON SANDWICHES

Coffee Roll	.75
English Muffin	.75
Scone	.75
Egg	2.75
Works	2.00
Onion or Tomato or Lettuce	1.00
Fried Onions	1.50
Bacon, Ham or Sausage	2.00
Coleslaw or Mushroom	1.50
Banana	2.75
Baked Ham/or Turkey	3.75
Cheese	1.00/1.25
(American, Swiss, Prov, Mozzarella)	
Avocado	3.00

GRATUITIES NOT INCLUDED (15% ADDED FOR 4 OR MORE)

CREATE YOUR OWN PASTA 18.75

Step 1...	CHOOSE YOUR PASTA!! (Penne or Linguine)
Step 2...	CHOOSE YOUR SAUCE!! (White, Red or Pink)
Step 3...	CHOOSE YOUR TOPPINGS!! (Add \$1.00 per topping... broccoli, onions, green peppers, mushrooms)
	Chicken... 5.00
	Bacon... 5.00
	Shrimp... 8.00

PANINI

SERVED WITH FRIES OR TOSSED SALAD

Ham and Cheese American, Swiss, Provolone or Mozzarella	18.00
Chicken, Bell Peppers and Pesto	20.00
Tuna Melt American, Swiss, Provolone or Mozzarella	18.50
Mozzarella, Tomato and Pesto **Vegetarian Friendly!!	18.00

OUR FAMOUS ROTI

MANGO CHUTNEY IS AVAILABLE 2.25
SALAD

Chicken (Available daily)	18.00
Lamb (When Available)	21.00
Vegetarian (Available Daily)	17.00

DINNER MENU

***ASK ABOUT OUR DAILY SPECIALS**

FROM THE GRILL

HAMBURGERS ARE HOMEMADE

Jumbo Hot Dog	8.25
Hamburger	8.25
Cheeseburger	8.75
Bacon Burger	10.25
Bacon Cheese Burger	10.75
Quarter Pound Burger	11.00
Steak Um	8.00
(double meat)	9.50
Philly Chicken	10.75
(cheese, onion, green pepper)	
Homemade Veggie Cake	8.75
Chicken Burger	8.00
Chicken Tenders	11.75
Homemade Turkey Burger	8.75

SALADS

Jumbo Combination Salad (With egg, tuna salad, Potato Salad, Coleslaw) (No Substitutions)	19.00
Extra Scoop of potato salad	3.00
Tossed Salad	9.00
Chef Salad not deli meat	19.50
Chicken Salad	15.50
Turkey Salad	15.50
Tuna Salad	15.50
Chopped Egg Salad	14.25
Caesar Salad	12.25
Chicken Caesar Salad	15.50
Fish Salad	16.50
Crispy Chicken Salad	16.25

SEAFOOD

Shrimp (deep fried)	25.00
Scallops (deep fried)	26.00
Fish & Chips w Veg or Dinner	25.00
Pan Fried Wahoo	29.75
Pan Fried Rock Fish	40.00
Seafood Combo	29.75
Jumbo Grilled Shrimp	40.25
Fish Cake Dinner	23.25
Surf & Turf (shrimp and Steak)	40.00
Order of Fish	14.75
Order of Shrimp	17.00

POULTRY

Baked Chicken Leg	20.75
Sweet & Sour Chicken	23.75
Roasted Turkey	23.75
Jamaican Jerk Chicken	21.75
Curry Chicken (Fri & Sat)	23.75

PASTA

CREATE YOUR OWN PASTA!!

Daily pasta specials also available

BEEF & PORK

8 oz Sirloin Steak & Onions	33.75
Liver & Onions	22.75
Roast Beef	23.50
Meatloaf	23.25
Hash Cake	22.75
Hoisin BBQ Pork Ribs (Thu&Fri)	25.75

SEAFOOD, POULTRY AND BEEF DINNERS SERVED
WITH A STARCH AND VEGETABLES OF YOUR CHOICE

GRATUITIES NOT INCLUDED (15% ADDED FOR 4 OR MORE)

KIDS MEAL

UNDER 10 YEARS OLD
SERVED WITH FRIES & SODA OR SMALL JUICE
(SODA & JUICE FOR DINE IN ONLY)

NO SUBSTITUTIONS

Hamburger, Cheeseburger, Chicken Nuggets or Fried Fish 10.75

SOUP

Homemade Soup of the Day	
Large	6.75
Small	5.75
Fish Chowder	
Large	7.75
Small	6.75

HOT BEVERAGES

Tea or Coffee	3.75
Herbal Tea	4.25
Sanka/Roma	4.25
Hot Chocolate /Ovaltine	4.25

COLD BEVERAGES

Soda	3.25
Sobe energy Drinks & Teas	4.50
Apple/Orange Juice	
Large	4.00
Small	3.00
Premium Orange Juice	
Large	4.75
Bottle Water	3.00
Milk Shakes	9.50
Small Milk	3.50
Large Milk	4.75
Chocolate Milk add	1.00

WINE & BEER

DINE IN ONLY

Wine	11.50	Beer	10.00
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SIDE ORDERS

French Fries	5.00
Spicy Fries	6.00
Onion Rings	6.50
Garlic Bread	4.75
Coleslaw	6.50
Rice & Peas	6.50
Spanish Rice	6.50
Macaroni & Cheese	6.50
Order of Veggies	6.50
Potato Salad	6.50
Baked Chicken Leg	6.50
Grilled Banana	3.50
8 Chicken Nuggets	7.75

DESSERTS

Homemade Fresh Daily	3.75
Johnny Bread	
Pumpkin Pie, Apple Pie, Coconut Cream Pie, Chocolate Cream Pie, Lemon Meringue Pie, Bread & Butter Pudding	6.25
Ice Cream	
One Scoop	3.75
Two Scoops	5.75
Whipped Cream or Chocolate Syrup	1.00

Ask about Daily Desserts from Tuck Shop



GRATUITIES NOT INCLUDED(15% ADDED FOR 4 OR MORE)



VEGETARIAN MENU

ALL ITEMS ARE HOMEMADE!



MONDAY: Vegetarian Shepard's Pie	23.50
*Veggie meat base with mixed vegetables, mashed potatoes and cheese, Served with a Tossed Salad.	
TUESDAY: Vegetarian Roti	17.50
*A curried vegetable medley in a Roti Skin, grilled to perfection.	
WEDNESDAY: Vegetarian Lasagna	23.50
*Vegetables in a light cream sauce with mozzarella cheese. Served with a Tossed Salad.	
THURSDAY: Vegetarian Fried rice	15.50
*Vegetables and Rice Stir Fried.	
*Add egg = 2.50.	
FRIDAY: Spaghetti with Veggie Meat Balls	22.25
*Your Choice of Cream, Pink or Red Sauce.	
SATURDAY: Rasta Pasta	22.25
*Red, Yellow, Green Peppers, with your choice of sauce (Cream, Pink or Red).	
SUNDAY: Ask About our Sunday Special	

ALWAYS AVAILABLE

Daily Vegetarian Soups	6.75
Vegetarian Panini (Fries or Salad)	18.50
Create Your Own Pasta (See Menu)	18.75
Veggie Cakes (on a toasted bun with tartar sauce YUM!)	9.50
Chick Pea Burgers (on a toasted bun, a staff favourite)	9.50
Veggie Wrap (homemade veggie meat with 2 toppings)	15.25